

Revitalising Facial

Skin will be deep cleansed, toned, exfoliated to remove dry dead skin cells, you will then enjoy a shoulder and neck massage and shiatsu facial massage before you have a mask applied to face. While mask is on you can enjoy a hand or foot massage, or upgrade to a hand treatment or foot treatment for and extra £5. Hands will be covered in a nourishing mask and put in heated mitts, feet will have a mask applied and feet put in heated booties. This is fantastic for those clients who have very dry skin or arthritis, the heat allows the mask to penetrate deeper in the skin and ease arthritic hands and feet. Face mask will be removed and finally moisturiser and eye serum will be applied. What a way to spend a relaxing hour. Regular facials benefit the skin in many ways, including deep cleansing and exfoliating of the skin, blood and lymph circulation is increased helping remove impurities, skin is toned and relaxed, with improved texture and appearance. Facials are also considered a preventative measure against premature aging of the skin



1 hour - £40.00

With hand or foot treatment - £45

Can't decide whether to have a facial or a massage!

Why not try the Upper back, neck and shoulder massage with an Express Facial. Best of both treatments!!

1 hour - £45

Essential Back Treatment

Back and upper arms will be cleansed and exfoliated, mask will be applied and back will receive a relaxing massage. Upper arms are often neglected and this treatment can help get rid of bumpy, rough skin that often accumulates here. Exfoliation helps get rid of dry, dead skin cells that leave the skin dull allowing new skin cells to replenish. Massage eases the stress and tension held in the upper back area. Perfect treatment for getting your back and upper arms ready for the summer or that special event!

1 hour £45